

Dear students

Please prepare assignment as per following instructions:
ASSIGNMENT : Playfield & Courts of different game/ sport.

Contents:

- 1) Brief history of the game/sport
- 2) layout of Playfield/courts with measurements.
- 3) Sports equipment required for specific game/sport.
- 4) Playing rules& regulations for specific game/sport.
- 5) Two lead-up activities for specific game/sport.
- 6) Ethics in games& sport.

DATE OF SUBMISSION OF ASSIGNMENT: 06/05/2020

Assignment by: Dr. Shyamal Mazumder

Students are advised to follow the allotment of their games/sport as mentioned below:

- Roll No 1- Kho-kho & Shot put sector,
2-Kabaddi & Javelin sector
3-Volleyball & Running Broad Jump pith
4- Basketball & Discus throw Sector.
5- Badminton & 400 M track.
6- Cricket & 200 M track
7- Football & 400 M track with staggered for 8 lanes.
8- Netball & 200M track with staggered for 6 lanes
9-Throwball & 110 M Hurdles.
10- Tennicoite & 400M Hurdles
11- Volleyball & Events of Decathlon (athletics)
12- Kabaddi & Events of Pantathalan(athletics)
13- Kho-kho & Officials required for track& field competition.
14- Volleyball & Role of Track Refaree.
15- Football & Role of Field Refaree
16- Cricket & process of breaking tie on high jump
17- Throw ball & Role of Stater & Assistant stater in athletics
18- Badminton & process of Tie breaker in Football
19- Basketball & list of Officials for Track & Field competition.

Please wash your hands frequently with soap (at least for 20 second), stay at hom , help in household work, do regular physical activities, do yoga & drink warm water on & often. Stay fit safe & cautious.

Best wishes to you all,

Shyamal Mazumder,
Principal
GPECW Chinsurah Hooghly